I've always been driven to work in a field where I can make a positive impact on people's lives, recognizing the crucial role mental health plays in overall success. In my past roles, I've had the privilege of working with at-risk youth in both day treatment and residential facilities. My passion lies in highlighting the importance of self-care and mental well-being.

As a seasoned behavior support specialist with over 5 years of experience, my focus has been on guiding at-risk teens and their families through challenging times. I am dedicated to addressing issues such as conflict, anxiety, anger, conduct, and self-harm by fostering close collaboration with clients and their support circles to help them achieve success. Since joining Wings of Eagles in January 2022, I have brought a wealth of expertise to our team, providing invaluable assistance to teens and families navigating these complex issues.

Outside of work, I find joy in spending time with friends and family, and I am passionate about staying active outdoors. Committed to supporting your journey towards personal growth and well-being, I look forward to continuing to collaborate with my coworkers and leveraging the growth I have achieved as a counselor to better serve the community.

## **Education Background:**

Masters in Counseling Lakeland University

Bachelors of Science in Psychology University of Wisconsin - Green Bay

License:

Licensed Professional Counselor WI